

# Penrickton Center for Blind Children

## FOOD WISH LIST

**\*Gift Certificates for fresh fruits, vegetables, dairy products:** Meijer, Kroger, etc.  
**\*Juices – 100%** - cranberry, strawberry, white grape, prune, kiwi, cherry, apple etc.  
**\*Canned fruits packed in natural syrup** – pears, peaches, pineapple, fruit cocktail

Ham, Bacon, Turkey and Pork Sausage  
Chicken – boneless breasts, thighs  
Fish – white, cod, perch  
Spices – Parsley, Lawry’s salt, garlic, onion powder, salt, garden seasoning, Montreal steak seasoning, ground cinnamon, chicken/beef base, & chili powder  
Dessert Mixes – Brownie, Breads, Muffin mixes, etc.  
Frosting – chocolate, vanilla, cream cheese  
Chili beans - mild, small cans of green chilies  
Crackers – Ritz, Wheat Thins, Graham, Goldfish, vanilla wafers  
Cheez-It Crackers, Pretzels, Popcorn, Tortilla chips  
Applesauce – jars and individual serving size  
Olive & Vegetable Oil  
Canned Seasoned Tomatoes – diced & tomato sauce  
Taco seasoning & salsa - MILD  
Corn bread mixes  
Condiments – ketchup, mustard, mayonnaise, barbecue sauce  
Ranch & Italian salad dressing  
Refried and Baked Beans, great northern beans  
Soups – cream of chicken, chicken noodle, chicken with rice, vegetable  
Granola or Nutrigrain cereal bars – soft to chew  
Grits, Cream of Wheat & CoCo Wheat hot cereal, Large containers  
Vegetables, canned – carrots, peas, green beans, mixed vegetables, lima beans & spinach  
Sugar & Flour  
Brown Sugar  
Pancake mix & syrup  
Cheese & Nacho Cheese dip – all kinds  
Pam Cooking spray  
Corn Starch  
Baking Powder  
Carnation Instant Breakfast – chocolate, strawberry & vanilla  
Canned potatoes – sliced & diced

Current 8/23