

December 2019

Christmas 2019 is almost upon us! It is something I'm still trying to wrap my mind around since I'm not even close to being ready. Many of you are right there with me, I know. If you are behind on getting everything done which you had hoped to accomplish by now, do not let it wear you down. Take a breath, have a cup of tea (or coffee or eggnog or wine or whatever), and enjoy the beauty of the season just for a few minutes. The wrappings, ribbons, and bows will wait. It will refresh you and leave you less stressed.

I know none of our Ladies Auxiliary members need reminding but for those of you who are simply looking at our website, during the holidays and every day, please remember and say prayers to protect our service men and women deployed around the world and the families from whom they are separated. Remember our veterans and the sacrifices they have made on behalf of us all.

Remember those who are hospitalized or in a nursing home; this time of year can be especially cruel to those who are lonely and feel forgotten. Remember foster children and the wonderful families who care for them. Remember our police, fire, EMS, doctors, nurses, social workers and everyone else who stands ready to respond to every emergency while we celebrate with friends and family.

And, for those who need some ideas for New Year's Resolutions, I can think of nothing any better than to simply be kind to everyone you meet. Kindness is contagious, catch it and pass it on.

From me and my family to you and yours, Merry Christmas, Happy Hanukkah, have a festive Kwanzaa, and Happy Holidays!

Bert

If you have a topic you would like me to discuss in a future bulletin, pass it along! I can be reached by email at lema81@wowway.com or by phone at 586.214.1019.