John Dingell VAMC News Update By: Harriet Biela Representative

June was a very important month for 19 of our "Detroit Motown Team" patients participate in the NVGAG games. We have 39 patients that were eligible.

NVGAG stands for National Veterans Golden Age Games. It is the premier senior adoptive rehabilitation program in the United States, and the only National multi-event sports and recreational seniors' competition program designed to improve the quality of life for older Veterans, including those with a wide range of abilities and disabilities VA challenges and encourages Sr. Veterans to be proactive in embracing a healthier lifestyle thus achieving the NVGAG "Fitness for Life" motto.

All States participate in this program. John Dingell team is called "Detroit Motown Team" and 19 of our Veteran athlete's participated. This year the NVGAG games took place in Alaska. Our team brought back 33 medals !!!!!!. Some of the events they participated in are: horseshoes, basketball, swimming, boccia ball, table tennis, bowling, field events, air rifle, visually impaired blind disc golf, and there are more events to participate in. Our team was amazing. Many of our veterans that participate and practice for these events, say how this has greatly improved and impacted their lives in a positive and healthier way.

Thanks to the many donations from local Auxiliaries to John Dingell, other service organizations and individual donations, we can give financial support for lodging and transportation to our veterans to attend the NVGAG games.

THANK YOU to all the AMVETS Auxiliaries that donated to John Dingell, you can see where some of your donations were spent. This is one of the programs we always support.

Remember when sending in any donations they must be mailed to: Nancy Middleton, Executive Secretary made out to: AMVETS Ladies Auxiliary Dept. Of MI.